Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees
Chef Salad MS/HS	Chef Salad MS/HS	Chef Salad MS/HS	Chef Salad MS/HS
Carbs: 56	Carbs: 56	Carbs: 56	Carbs: 56
* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat
Chicken Fajitas with	Chicken Caesar Wrap	Chicken Caesar Wrap Carbs: 57	Chicken Caesar Wrap Carbs: 57
Peppers & Onions Carbs: 45	Carbs: 57 * Milk, Fish, Soybeans,	* Milk, Fish, Soybeans,	* Milk, Fish, Soybeans,
* Wheat	Eggs, Wheat	Eggs, Wheat	Eggs, Wheat
***	***	***	####
Chicken Caesar Wrap	Buffalo Chicken Cheese	Buffalo Chicken Cheese	Buffalo Chicken Cheese
Carbs: 57	Steak	Steak	Steak
* Milk, Fish, Soybeans,	Carbs: 50 Milk, Soybeans, Eggs,	Carbs: 50 * Milk, Soybeans, Eggs,	Carbs: 50 * Milk, Soybeans, Eggs,
Eggs, Wheat	Wheat	Wheat	Wheat
Buffalo Chicken Cheese	555	***	
Steak	Spicy Chicken Patty	Spicy Chicken Patty	Spicy Chicken Patty
Carbs: 50	Carbs: 26	Carbs: 26	Carbs: 26
* Milk, Soybeans, Eggs,	* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat
Wheat	***	***	1999
	SMUCKER 5.3 OZ	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT	Jake's Pizza * Milk, Soybeans, Wheat
Spicy Chicken Patty Carbs: 26	UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP	BUTTER AND GRAPE TWP	wilk, Soybeans, Wheat
* Soybeans, Wheat	Carbs: 64	Carbs: 64	
	* Peanuts, Wheat	* Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT
SMUCKER 5.3 OZ	***	200	BUTTER AND GRAPE TWP
UNCRUSTABLE PEANUT	Turkey Hoagie MS/HS	Turkey Hoagie MS/HS	Carbs: 64
BUTTER AND GRAPE TWP Carbs: 64	Carbs: 45 * Milk, Soybeans, Wheat	Carbs: 45 * Milk, Soybeans, Wheat	* Peanuts, Wheat
* Peanuls, Wheat	wilk, Soybeans, Wheat		
	Meatball Sub MS/HS	Cheeseburger	Turkey Hoagie MS/HS Carbs: 45
Turkey Hoagie MS/HS	Carbs: 50	Carbs: 30	* Milk, Soybeans, Wheat
Carbs: 45	* Soybeans, Wheat	* Soybeans, Wheat	2222
* Milk, Soybeans, Wheat	5.5.2		Cheeseburger
	Cheeseburger	Chicken Caesar Salad	Carbs: 30
Cheeseburger	Carbs: 30	MS/HS	* Soybeans, Wheat
Carbs: 30 * Soybeans, Wheat	* Soybeans, Wheat	Carbs: 39 * Soybeans, Wheat	
Soybeans, wheat		ecycoms, whom	Chicken Caesar Salad
Chicken Caesar Salad	Chicken Caesar Salad MS/HS	Chicken and Waffles MS	MS/HS Carbs: 39
MS/HS	Carbs: 39	Carbs: 27	* Soybeans, Wheat
Carbs: 39	* Soybeans, Wheat	* Milk, Soybeans, Eggs,	latera.
* Soybeans, Wheat	5.3.50	Wheat	Italian Hoagie MS/HS
***	Italian Hoagie MS/HS	755	Carbs: 43
Tacos	Carbs: 43	Italian Hoagie MS/HS	* Milk, Soybeans, Wheat
Carbs: 10	* Milk, Soybeans, Wheat	Carbs: 43 * Milk, Soybeans, Wheat	
A. A. A.	***	wilk, Soybeans, Wheat	

Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees
Tacos Carbs: 28 * Soybeans Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Chicken Patty Carbs: 39 * Soybeans, Wheat Sides	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat Sides Cucumber Slices Carbs: 1 Stewed Tomatoes Carbs: 8 Assorted Canned Fruit	Chicken Patty Carbs: 39 * Soybeans, Wheat
RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 Assorted Canned Fruit Assorted Fresh Fruit Carbs: 28 CORN, KERNEL YELLOW FROZEN Carbs: 32	Candied Carrots Carbs: 18 * Soybeans Assorted Fresh Fruit Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 16 Roasted Chickpeas ES/MS Carbs: 24	Assorted Fresh Fruit APPLESAUCE, PEACH UNSWEETENED SS PLASTIC CUP Carbs: 14 Del Monte® Sliced Peaches In Extra Light Syrup, Canned Fruit Carbs: 15 Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Carrots, Raw Assorted Fresh Fruit Romaine Boats Carbs: 10 * Soybeans, Wheat Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk * Milk

Tuesday	Wednesday
---------	-----------

--- Milk ---

Milk, Strawberry, Fat Free Carbs: 34

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

--- Milk ---

Milk, Strawberry, Fat Free Carbs: 34

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Grades 6 - 8

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat
Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat Spicy Chicken Patty Carbs: 26	Nachos Bell Grande (w/ beef crumbles) Carbs: 7 * Soybeans, Wheat Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat Buffalo Chicken Cheese Steak Carbs: 50	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat Spicy Chicken Patty Carbs: 26	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat Buffalo Chicken Cheese	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat FARM RICH BREADED PIZZA CHEESE CRUNCHERS TWP Carbs: 41 * Milk, Wheat Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat
* Soybeans, Wheat Cheesy Penne Pasta Marinara MS/HS Carbs: 69 SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64	* Milk, Soybeans, Eggs, Wheat Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP	* Soybeans, Wheat SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat Turkey Hoagie MS/HS Carbs: 45	Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat
* Peanuts, Wheat Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat Cheeseburger Carbs: 30 * Soybeans, Wheat Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat Italian Hoagie MS/HS Carbs: 43	Carbs: 64 * Peanuts, Wheat Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat Cheeseburger Carbs: 30 * Soybeans, Wheat Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat Italian Hoagie MS/HS	* Milk, Soybeans, Wheat Cheeseburger Carbs: 30 * Soybeans, Wheat Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat Buffalo Chicken Cheese Steak Carbs: 41 * Milk, Soybeans, Eggs, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat Hot Ham and Cheese on a Pretzel Bun (ES/MS) Carbs: 38 * Milk, Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat
* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat			

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat
Garlic Bread Carbs: 15 * Soybeans, Wheat ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23 Italian Green Beans ES/MS Carbs: 1 Assorted Canned Fruit Assorted Fresh Fruit	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22 Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs Assorted Canned Fruit Assorted Fresh Fruit CORN, KERNEL YELLOW FROZEN Carbs: 32	Chicken Patty Carbs: 39 * Soybeans, Wheat Sides Cranapple Spinach Salad ES/MS Carbs: 31 * Wheat Spinach, Leaves, Fresh Del Monte® Sliced Peaches In Extra Light Syrup, Canned Fruit Carbs: 15	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat Cheeseburger Carbs: 30 * Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat Carbs: 45 * Milk, Soybeans, Wheat Cheeseburger Carbs: 30 * Soybeans, Wheat
Tossed Salad Carbs: 6 Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin D Carbs: 12 * Milk Milk Low-fat (1%), With Added Vitamin D Carbs: 12 * Milk	Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin D Carbs: 12 * Milk	Roasted Chickpeas ES/MS Carbs: 24 Assorted Canned Fruit Assorted Fresh Fruit Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 Carbs: 12	Cheeseburger Carbs: 30 * Soybeans, Wheat Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Chicken Patty Carbs: 39 * Soybeans, Wheat Chicken Patty Carbs: 39 * Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Chicken Patty Carbs: 39 * Soybeans, Wheat Chicken Patty Carbs: 39 * Soybeans, Wheat

Thursday	Friday	
Sides	Sides	
SWEET POTATO FRIES 7/16" CRINKLE-CUT XLONG FZN TWP	Carrots & Celery Carbs: 7 * Milk, Eggs	
Carbs: 23	Carrots, Raw	
B. (B (B))	(exect)	
Mixed Berries	Sidekicks Frozen	
55.5	BlueRaspberry-Lemon Carbs: 23	
Assorted Canned Fruit		
777.70	(EFE	
Cucumber and Tomato Salad ES/MS	Tossed Salad Carbs: 6	
Carbs: 6		
• • •	Assorted Canned Fruit	
Assorted Fresh Fruit		
Assorted Fresh Fruit	Assorted Fresh Fruit	
	Assorted Fresh Fruit	

Thursday	Friday
Milk	Milk
Milk, Strawberry, Fat Free	Milk, Strawberry, Fat Free
Carbs: 34	Carbs: 34
Milk, Strawberry, Fat Free	Milk, Strawberry, Fat Free
Carbs: 34	Carbs: 34
Milk, Chocolate, Non-fat,	Milk, Chocolate, Non-fat,
With Added Vitamin A and	With Added Vitamin A and
Vitamin D	Vitamin D
<i>Carbs: 34</i>	<i>Carbs: 34</i>
* Milk	* Milk
Milk, Chocolate, Non-fat,	Milk, Chocolate, Non-fat,
With Added Vitamin A and	With Added Vitamin A and
Vitamin D	Vitamin D
<i>Carbs: 34</i>	<i>Carbs: 34</i>
* Milk	* Milk
Milk, Lactose and Fat Free	Milk, Lactose and Fat Free
* Milk	* Milk
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added	Milk, Non-fat, With Added
Vitamin A and Vitamin D	Vitamin A and Vitamin D
Carbs: 12	<i>Carbs: 12</i>
* Milk	* Milk
Milk, Non-fat, With Added	Milk, Non-fat, With Added
Vitamin A and Vitamin D	Vitamin A and Vitamin D
Carbs: 12	<i>Carbs: 12</i>
* Milk	* Milk
Milk, Low-fat (1%), With	Milk, Low-fat (1%), With
Added Vitamin A and	Added Vitamin A and
Vitamin D	Vitamin D
Carbs: 12	<i>Carbs: 12</i>
* Milk	* Milk
Milk, Low-fat (1%), With	Milk, Low-fat (1%), With
Added Vitamin A and	Added Vitamin A and
Vitamin D	Vitamin D
<i>Carbs: 12</i>	<i>Carbs: 12</i>
* Milk	* Milk

Grades 6 - 8

Monday	Tuesday	Wednesday	Thursday
Entrees	Entrees	Entrees	Entrees
Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56
* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat
	H-H	***	(#3; #)
Chicken Caesar Wrap Carbs: 57	Chicken Caesar Wrap Carbs: 57	Chicken Caesar Wrap Carbs: 57	Chicken Caesar Wrap Carbs: 57
* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Fìsh, Soybeans, Eggs, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat
***			Caraca);
Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs,	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs,	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs,	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybean, Eggs,
Wheat	Wheat	Wheat	Wheat
####			TAT
Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat
***	***	222	ASSES.
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64	Tacos Carbs: 28 * Soybeans	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64
* Peanuts, Wheat		* Peanuts, Wheat	* Peanuts, Wheat
===	Tacos Carbs: 10		(((((((((((((((((((
Turkey Hoagie MS/HS Carbs: 45		Turkey Hoagie MS/HS Carbs: 45	Turkey Hoagie MS/HS Carbs: 45
* Milk, Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
Chanaburgar	BUTTER AND GRAPE TWP Carbs: 64	Cheeseburger	Pancakes, Whole Grain or
Cheeseburger Carbs: 30	* Peanuts, Wheat	Carbs: 30	Whole Grain-Rich
* Soybeans, Wheat	222	* Soybeans, Wheat	Carbs: 26
=(=)=(Turkey Hoagie MS/HS		* Milk, Soybeans, Eggs, Wheat
Chicken Caesar Salad MS/HS	Carbs: 45 * Milk, Soybeans, Wheat	Chicken Caesar Salad MS/HS	vvneat
Carbs: 39		Carbs: 39	Cheeseburger
* Soybeans, Wheat	Cheeseburger	* Soybeans, Wheat	Carbs: 30
222	Carbs: 30	***	* Soybeans, Wheat
Grilled Cheese	* Soybeans, Wheat	Bacon Cheeseburger	
Carbs: 64	•••	Carbs: 30	Chicken Caesar Salad
* Milk, Soybeans, Wheat	Chicken Fajitas with	* Soybeans, Wheat	MS/HS Carbs: 39
	Peppers & Onions		* Soybeans, Wheat
Italian Hoagle MS/HS Carbs: 43	Carbs: 45 * Wheat	Italian Hoagie MS/HS Carbs: 43	
* Milk, Soybeans, Wheat	T T T	* Milk, Soybeans, Wheat	
224		***	

Monday	Tuesday	Wednesday	Thursday
Entrees	Entrees	Entrees	Entrees
Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Caesar Salad MS/HS <i>Carbs:</i> 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Grilled Cheese Carbs: 64 * Milk, Soybeans, Wheat
Pepperidge Farm Goldfish Baked Cheddar Crackers WG TWP Carbon 14 * Mills Wheet	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Chicken Patty	Sides Celery, Raw, Sticks Carbs: 1 Assorted Canned Fruit	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Chicken Patty Carbs: 39
* Milk, Wheat Campbell's Classic Condensed Tomato Soup	Carbs: 39 * Soybeans, Wheat	Romaine Boats Carbs: 10	* Soybeans, Wheat
TWP Carbs: 20 * Wheat	Sides Black Bean and Corn Salad Carbs: 28	* Soybeans, Wheat Assorted Fresh Fruit	McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13
APPLESAUCE, RASPBERRY BLUE SS PLASTIC CUP Carbs: 14	Mexicali Corn TWP Carbs: 30 * Wheat	Baked Bean Supreme Carbs: 35 Cranberries, Dried	Pepperidge Farm Goldfish Baked Cheddar Crackers WG TWP Carbs: 14
Assorted Canned Fruit	Assorted Canned Fruit	Carbs: 25	* Milk, Wheat
Roasted Chickpeas ES/MS Carbs: 24	Celery, Raw, Sticks Carbs: 2	Milk Milk, Strawberry, Fat Free Carbs: 34	Roasted Chickpeas ES/MS Carbs: 24
Assorted Fresh Fruit	Assorted Fresh Fruit RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk	SAUSAGE, TURKEY PATTY 1.17 OZ 2.5" SEASONED CKD FZN TWP Carbs: 2
	ess	Milk, Lactose and Fat Free * Milk	Campbell's Classic Condensed Tomato Soup
		Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	TWP Carbs: 20 * Wheat
		Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	APPLESAUCE, RASPBERRY BLUE SS PLASTIC CUP Carbs: 14
		***	Assorted Canned Fruit
			T. T. T.

Monday	Tuesday
Milk	Milk
Milk, Strawberry, Fat Free	Milk, Strawberry, Fat Free
Carbs: 34	Carbs: 34
Milk, Chocolate, Non-fat,	Milk, Chocolate, Non-fat,
With Added Vitamin A and	With Added Vitamin A and
Vitamin D	Vitamin D
Carbs: 34	<i>Carbs: 34</i>
* Milk	* Milk
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added	Milk, Non-fat, With Added
Vitamin A and Vitamin D	Vitamin A and Vitamin D
Carbs: 12	<i>Carbs: 12</i>
* Milk	* Milk
Milk, Low-fat (1%), With	Milk, Low-fat (1%), With
Added Vitamin A and	Added Vitamin A and
Vitamin D	Vitamin D
Carbs: 12	<i>Carbs: 12</i>
* Milk	* Milk

...

Thursday --- Sides ---COOKIE, SUGAR WHOLE-GRAIN-RICH 1 OZ **FROZEN** Carbs: 18 * Milk, Soybeans, Eggs, Wheat Assorted Fresh Fruit --- Milk ---Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With

Added Vitamin A and Vitamin D Carbs: 12 * Milk

Grades 6 - 8

Monday Tuesday Wednesday - - - Entrees - - ---- Entrees ----- Snack Items --Chef Salad MS/HS Chef Salad MS/HS Biscuit, Baked Easy Split Carbs: 56 Carbs: 56 WG 2oz MS/HS TWP * Soybeans, Eggs, Wheat * Soybeans, Eggs, Wheat Carbs: 22 * Milk, Wheat ---Egg and Cheese Croissant Chicken Caesar Wrap Sandwich Carbs: 57 --- Entrees ---Carbs: 31 * Milk, Fish, Soybeans, * Milk, Soybeans, Eggs, Chef Salad MS/HS Eggs, Wheat Wheat Carbs: 56 * Soybeans, Eggs, Wheat ---Buffalo Chicken Cheese Chicken Caesar Wrap Steak CHICKEN, 8 PIECE 80 Carbs: 57 Carbs: 50 * Milk, Fish, Soybeans, * Milk, Soybeans, Eggs, COUNT BONE-IN SKIN-ON COOKED OVEN ROASTE Eggs, Wheat Wheat * Milk, Soybeans Buffalo Chicken Cheese Spicy Chicken Patty Chicken Caesar Wrap Steak Carbs: 26 Carbs: 50 * Soybeans, Wheat Carbs: 57 * Milk, Fish, Soybeans, * Milk, Soybeans, Eggs, ---Eggs, Wheat Wheat SMUCKER 5.3 OZ ---**UNCRUSTABLE PEANUT** Buffalo Chicken Cheese Spicy Chicken Patty BUTTER AND GRAPE TWP Carbs: 26 Carbs: 64 Steak Carbs: 50 * Soybeans, Wheat * Peanuts, Wheat * Milk, Soybeans, Eggs, Wheat SMUCKER 5.3 OZ Turkey Hoagie MS/HS ---UNCRUSTABLE PEANUT Carbs: 45 Spicy Chicken Patty BUTTER AND GRAPE TWP * Milk, Soybeans, Wheat Carbs: 26 Carbs: 64 * Soybeans, Wheat * Peanuts, Wheat Cheeseburger ------Carbs: 30 SMUCKER 5.3 OZ Turkey Hoagie MS/HS * Soybeans, Wheat Carbs: 45 UNCRUSTABLE PEANUT ---**BUTTER AND GRAPE TWP** * Milk, Soybeans, Wheat Chicken Caesar Salad Carbs: 64 MS/HS * Peanuts, Wheat Cheeseburger Carbs: 39 Carbs: 30 * Soybeans, Wheat Turkey Hoagie MS/HS * Soybeans, Wheat ---Carbs: 45 ---Nachos Bell Grande (w/ beef * Milk, Soybeans, Wheat Chicken Caesar Salad crumbles) ... MS/HS Carbs: 7 Cheeseburger Carbs: 39 * Soybeans, Wheat Carbs: 30 * Soybeans, Wheat ---* Soybeans, Wheat ---Italian Hoagie MS/HS ---Carbs: 43 * Milk, Soybeans, Wheat

Monday	Tuesday	Wednesday
Entrees	Entrees	Entrees
Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat
Chicken Patty Carbs: 39 * Soybeans, Wheat Sides McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13 Baked Apples Carbs: 19 * Soybeans	Assorted Canned Fruit PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22 Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs Assorted Fresh Fruit	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat Chicken Patty Carbs: 39 * Soybeans, Wheat Sides Strawberries, Frozen w/Sugar Carbs: 38
Apple Slice, Unsweetened, Canned Assorted Canned Fruit	Mexicali Corn TWP Carbs: 30 * Wheat Roasted Chickpeas ES/MS	Assorted Canned Fruit Roasted Broccoli Carbs: 7
Assorted Fresh Fruit	Carbs: 24	Assorted Fresh Fruit
Apple Juice 100% Carbs: *15 Cherry Tomato Cup Carbs: 3	Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Mashed, Loaded Potatoes, Idahoan RED SOD Carbs: 76 * Milk, Soybeans
220	Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	

Monday

--- Milk ---

Milk, Strawberry, Fat Free Carbs: 34

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Wednesday

--- Milk ---

Milk, Strawberry, Fat Free Carbs: 34

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk